**OPEN National Field Day Equipment List**

* 6 Large Socks (to create sock balls)
* 1 Laundry Basket (or bucket)
* 6 Medium to Large Plastic Bowls
* Paper (to keep tally points)
* Pencil or Pen
* 6’ Ladder
* 1 Empty Water Bottle
* Oversized T-Shirt, Shorts, and a Hat
* 10 Plastic Cups
* Clock or Stopwatch
* 1 Coin
* 2 Paper Plates (or cardboard to use as a fan)
* 3 Balloons
* 1 Ping Pong Ball (can use a small balloon)
* 10 Clothing Items
* 1 Kitchen Spatula
* 1 Plastic Container Lid
* 5 to 10 Pairs of Shoes
* 2 1-Gallon Milk Jugs
* 3 to 6 Sheets of Paper (for making airplanes)
* Scavenger Hunt Worksheet
* 1 Medium-sized Bucket
* 1 Plastic (Tupperware) Container
* 1 Spoon
* 1 Small Object that Fits in Spoon
* 1 Lage Towel
* Music Player and the new [Song 20 Seconds or More](https://hhph.org/20secondsormore/)
*(Doug E Fresh and Hip Hop Public Health)*